

Alliance of Women Scientists and Scholars

FOR A BETTER WORLD



MEETING POINT OF ALL RELIGIONS

ĀTMĀ, THE SELF, THE SOURCE, COURSE, AND GOAL OF LIFE

Conference Programme: 9 – 12 December 2016

at Mahila Dhyān Vidya Peeth, Tapovan, Rishikesh

Mahila Dhyān Vidya Peeth, established in India in 1976, is the ladies wing of Maharishi Mahesh Yogi's movement in India.

Arrival Day

Friday 9 December, 2016

Late afternoon: 5:00 pm

Ganga Aarti will be enjoyed together on banks of holy Ganga

Evening: 8:15–9:30 pm

Introduction to the evening programme by our hosts

Blossoming of Supreme Knowledge for the World

Maharishi, 30 November 1971, Mallorca, Spain—55 minutes

Conference Day One

Saturday 10 December:

Theme of the Day:

निस्त्रैगुणायो भवार्जुन

Nistrai-guṇayo bhav-Ārjuna

(Bhagavad-Gītā, 2.45)

Be without the three *Guṇas*, O Arjuna, gain Transcendental Consciousness; rise to self-referral consciousness—the Light of God.

'Religions grew around this central point of knowledge; philosophies developed around this central point of knowledge. Systems of administration developed from this central point of knowledge. Systems of social order and culture sprang from this central point of knowledge. All streams of knowing and knowledge emerge from this and converge onto this central point of knowledge. All streams of organising power emerge from and converge onto this central point of knowledge. All poets and writers rejoice in formulating their thought, speech, and action in the light of this central point of knowledge. All aspirations and all success is derived from this central point of knowledge.'

—His Holiness Maharishi Mahesh Yogi (from his book *Rām, Rāmāyaṇ, Rām Leelā, Rām Raj*)

MORNING PROGRAMME

10:30–11:00 am

Welcome to our Conference participants

Mrs Alochana Gaur



Senior teacher of Maharishi's Vedic Science and Technology of Consciousness TM and TM-Sidhi and an administrator of Mahila Dhyān Vidya Peeth (MDVP)

Introduction to Mahila Dhyana Vidya Peeth—A Historical Perspective. Introduction to the theme of the conference by leaders of the ladies wing of Maharishi Mahesh Yogi's worldwide movement (video)

11:00–11:30 am

Sushmita Chakravarty

Presentation on: Consciousness Based Education, Education for Enlightenment, as brought to light by His Holiness Maharishi Mahesh Yogi.



Mrs Sushmita Chakravarty is the Principal of Maharishi Vidya Mandir Girls School in Kolkata.

His Holiness Maharishi Mahesh Yogi: Transcending Is a Part of Every Religion

9 April 2003—7 minutes

11:30 am–12:10 pm

Sister Urmil

Presentation on: *Ātmā*—Self: Source and Goal of Life



Sister Urmil is the national coordinator of the “Sashakt Neev—gender equality” project, and the director of the Rajyoga Centre, Palam Vihar, Gurgaon. She is a Postgraduate in Physics from Delhi University and has travelled the world, giving many lectures, seminars, workshops and media interviews. She is senior faculty for the Om Shanti Retreat Centre in Gurgaon, which is the largest campus of the Brahma Kumaris in Northern India.

12:10–1:15 pm

Welcome to enjoy a delicious lunch

AFTERNOON PROGRAMME

1:20–1:55 pm

Dr Snehlatha SN Dornala BAMS, MD, PhD

Presentation on: Awaken the Innateness of Achara Rasayan to Go Beyond Religion.



Associate Professor at VYDS Ayurved Mahavidyalay, Khurja, Uttar Pradesh (Ayurveda is the traditional Vedic Science of Medicine). Dr. Snehalatha SN Dornala was awarded Ayurvisharada for meritorious performance at BAMS level. She has carried out clinical research on the application of Panchakarma to the treatment of disease and is a Life Member of the National Academy of Panchakarma and Research (NAPAR). She has participated in many national and international seminars, summits, symposia, workshops etc., and has many publications in the field of Ayurveda. Last year she received an award at the International Conference on Integrated Medicine for Perfect Health. She has made significant contributions to the Maharishi Ayurveda Healthy Happy Mother and Baby Course and Programme.

2.20–2:50 pm

Dr M Gupta

Presentation on: Establishing a Virtuous World Family.



Dr Manju Gupta graduated from SN Medical College, Agra, and specialized in Obstetrics and Gynecology at Delhi University. She is currently co-director of Nirogam Medicare. She is passionate about the holistic approach to healing for today's world, and conducts training for expectant mothers (and their spouses) under the theme: Divine Mother and Virtuous Baby. Dr Gupta has been associated with the Brahma Kumaris World Spiritual University for 31 years, and practices Rajyoga meditation daily. She speaks widely on these topics and has been honoured by the Indian government for outstanding services.

2:50–3:20 pm

Roundtable discussion

3:20–4:20 pm

Refreshments and walk and talk

4:30–6:30 pm

Meditation / Rest

6:30–7:30 pm

Welcome to enjoy a delicious dinner

EVENING PROGRAMME

7:45–9:15 pm

Dr. Judy Booth

First Video Presentation: Knowledge and Experience of *Ātmā* as the Central Point of the Bhagavad-Gita followed by a discussion with the speaker

Second Video Presentation: “The Eternal Wisdom of the Bhagavad-Gita Meets with Modern Scientific Investigation” followed by a discussion with the speaker



Dr. Judy Booth, a member of the Mother Divine Program, became a teacher of Maharishi’s Transcendental Meditation in Rishikesh in 1970, and shortly thereafter joined Maharishi’s international staff. She developed an abiding love for Maharishi’s translation and commentary on the Bhagavad-Gita and conducted weekly Gita study groups for more than 26 years, and also offered courses on the Gita at Maharishi University of Management and Maharishi University of Enlightenment. Since 2009, she has conducted an international online Gita course for ladies. In 2005 Judy was awarded an honorary doctoral degree from Maharishi University of World Peace.

9:30 pm Rest

Conference Day Two

Sunday 11 December:

Theme of the Day:

Taking recourse to research in consciousness to fathom the ultimate reality and live the total potential of life

10:00 am Enjoy a delicious Breakfast

MORNING PROGRAMME

10:30–10:45 am

Alochana Gaur

Welcome new arrivals

10:45–11:00 am

Total Knowledge is Enlivened through Transcendental Meditation

Maharishi, 24 July 2002—14 minutes

11:00–11:40 am

Amrita Shrivastava, MSc

Presentation on: Same Message in Every Religion: Purification of Life and Communication with the Higher States of Evolution



Amrita Shrivastava is currently a PhD candidate in the department of Physiology and Health at Maharishi University of Management, Fairfield, Iowa, USA. In 2014, Amrita presented a talk to the Alliance of Women Scientists and Scholars conference entitled: ‘Stem Cells – The Physical Design of Our Consciousness’, based on her Master of Science in Molecular Biology & Human Genetics from Manipal Life Sciences Centre in Karnataka. She is also a certified teacher of Transcendental Meditation. As well as research in consciousness, her interests include AyurVeda and Integrative medicine, stem cells, and pharmacogenomics.

11:40 am–12:10 pm

Round-table discussion

12:10–1:15 pm

Enjoy a delicious lunch

AFTERNOON PROGRAMME

1:20–2.20 pm

Professor Dr Archana Parmar, MA, PhD

Presentation on: Music for Inner Harmony

This presentation will include a musical performance



Dr Archana Parmar, MA, PhD in Vocal Music from Malwi Nirguni Sangeet is the president of Shipra Sanskriti Sansthan, Ujjain which performs works of Kalidas in Sanskrit. She has successfully supervised many PhD students in Vikram University and specializes in Nirgun, Nath Panth and the folk music of Malwa. This year she performed In the Musical Bhajan Sandhya In Maharishi's Simhastha Camp. In addition to research papers published in different journals and magazines Dr Archana Parmar regularly gives live performances.

2:20–2:45 pm

Refreshments

2:45–4:15 pm

Celebrating with a boat ride and Ganga Puja

4:30–6:30 pm

Meditation / Rest

6:30–7:30 pm

Enjoy a delicious dinner

EVENING PROGRAMME

7:45–9:15 pm

Celebration—Knowledge, Enlightenment, and Entertainment
with **Lakshmi Kanthamma BSc, MA**

Director of Maharishi Vidya Niketan, and Maharishi Ved Vigyan Mahavidyalay for Women, Hyderabad.

Mrs Kiran Khare

Senior teacher of Maharishi's Transcendental Meditation Programme and a leader of the Sahasra Shirsha Matri Mandal project in Jabalpur.

9:30 pm—Rest

Conference Day Three

Monday 12 December:

Theme of the Day: Revival of religion comes on the basis of the experience of reality, on the basis of the initial revelation that had promoted the religion in the first place.

9:30 am—Enjoy a delicious breakfast

10:00–10:45 am

Plenary session

11:00 am

Outing in Rishikesh to Meenakshi temple or Gita Bhavan.

1:30–2:30 pm

Enjoy a delicious lunch

Have a comfortable journey home and we look forward to welcoming you again in 2017.

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